



# Sisa Alter Gumbo



## Student Counsellor

I have over 10 years' experience as an Educator and student advisor in an African and Middle East Classroom. Helping students recognise their strengths and weaknesses and achieving their educational targets comes to me naturally as I have intrapersonal skills embedded in my personality jelling with my interpersonal skills. Being in the mental health has heightened skills in active learning and communication, empathy, non-judgemental, self-awareness and openness to growth, empathy, and commitment to confidentiality. I believe in equipping young minds with appropriate life skills that foster resilience and enhance self-worth thus creating stronger mental health communities.

As a qualified and experienced Human Resources Practitioner, Educator, and aspiring psychologist my roles have among others included helping students, parents, and teachers about a range of matters such as students' personal problems, learning difficulties and special requirements. Child education and mental health are dear to me and am driven by the philosophy "it us easier to build strong children than to repair broken adults". Great is my passion for children empowerment that I am one of the founder members of iThembelihle Foundation which aims at funding education for vulnerable children in Zimbabwe, Africa.